FRIDAY, JUNE 22, 2012

7:00 – 7:30 am

Video Techniques Session #2:
Tips and Tricks

Moderator:

Richard J. de Asla, MD
Boston, Massachusetts

7:00 am

Medial Double as an Alternative to Triple Arthrodesis
Thomas H. Lee, MD
Westerville, Ohio

Although excellent for correction of deformity, the triple arthrodesis can have complications associated with wound healing and lateral column malunion/nonunion. The greater the deformity, the more common these adverse events may occur. By utilizing a single medial incision to fuse only the talonavicular and subtalar joint, the Medial Double technique minimizes several soft tissue complications. In addition, the calcaneocuboid joint is left to remain flexible and thereby avoiding complications of overload or malunion.

The video technique will review the surgical approach as well as tips and pearls to accomplish an efficient and successful alternative to the triple arthrodesis.